



*Improving family and community care through highly specialized nurses*

## Competencies of a Family and Community Nurse

Competencies Family and Community Nurse (EQF-level 7)		ESCO classification of competencies
<b>1</b>	Use the best scientific evidence available	<ul style="list-style-type: none"> <li>- Apply health sciences</li> <li>- Conduct research in advanced nursing care</li> <li>- Develop advanced health promotion strategies</li> <li>- Implement scientific decision making in healthcare</li> <li>- Lead healthcare services changes</li> <li>- Lead research activities in nursing</li> </ul>
<b>2</b>	Systematically document and evaluate their own practice	<ul style="list-style-type: none"> <li>- Advise on healthcare users' informed consent</li> <li>- Adhere to organizational guidelines</li> <li>- Analyse the quality of care</li> <li>- Comply with legislation related to health care</li> <li>- Follow clinical guidelines</li> <li>- Manage information in healthcare</li> <li>- Use electronic health records in nursing</li> </ul>
<b>3</b>	Plan, implement and assess nursing care to meet the needs of individuals, families, and the community within their scope of competence.	<ul style="list-style-type: none"> <li>- Apply nursing care in long-term care</li> <li>- Apply person-centred care</li> <li>- Diagnose nursing care</li> <li>- Evaluate nursing care</li> <li>- Implement fundamentals of nursing</li> <li>- Implement nursing care</li> <li>- Organise home care for patients</li> </ul>
<b>4</b>	Identify and assess the health status and health needs of individuals and families within the context of their cultures and communities.	<ul style="list-style-type: none"> <li>- Interact with healthcare users</li> <li>- Listen actively</li> <li>- Perform health assessment</li> <li>- Plan advanced nursing care</li> <li>- Promote inclusion</li> <li>- Respond to changing situations in healthcare</li> </ul>
<b>5</b>	Provide patient education and build a therapeutic relationship with patients, informal carers and their families.	<ul style="list-style-type: none"> <li>- Develop a collaborative therapeutic relationship</li> <li>- Empathize with the healthcare user</li> <li>- Empower individuals, families and groups</li> <li>- Ensure safety of healthcare users</li> <li>- Provide health education</li> </ul>
<b>6</b>	Work together with the multidisciplinary team to prevent disease and promote and maintain health.	<ul style="list-style-type: none"> <li>- Advise on healthy lifestyles</li> <li>- Coordinate care</li> <li>- Educate on the prevention of illness</li> <li>- Work in multidisciplinary health teams</li> </ul>
<b>7</b>	Apply educational strategies to promote health and safety of individuals and families.	<ul style="list-style-type: none"> <li>- Deal with emergency care situations</li> <li>- Initiate life preserving measures</li> <li>- Advise on healthy lifestyles</li> <li>- Develop advanced health promotion strategies</li> </ul>

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		- Provide health education
<b>8</b>	Involve individuals and families in decisions concerning their own health and wellbeing.	- Empower individuals, families and groups - Make clinical decisions - Promote human rights
<b>9</b>	Monitoring and providing long-term care to people affected by chronic and rare illnesses in the community in collaboration with other members of the multidisciplinary team.	- Organise homecare for patients - Screen patients for disease risk factors - Work in multidisciplinary health teams
<b>10</b>	Communication competencies based on evidence in relation to a specific context.	- Apply context specific clinical competences - Interact with healthcare users - Listen actively - Respond to changing situations in healthcare
<b>11</b>	Promote health in individuals, families and communities.	- Provide health education - Provide nursing advice on healthcare - Educate on the prevention of illness - Develop advanced health promotion strategies - Advise on healthy lifestyles
<b>12</b>	Mentoring students to promote the health and wellbeing of the community.	- Mentor other health professionals - Participate in health personnel training - Promote a positive image of nursing
<b>13</b>	Make decisions based on professional ethical standards.	- Accept own accountability - Follow clinical guidelines
<b>14</b>	Maintain professional and interprofessional relationships and a supportive role with colleagues to ensure that professional standards are met.	- Follow clinical guidelines - Comply with quality standards related to healthcare practice
<b>15</b>	Multidimensional community health needs assessment to implement appropriate clinical interventions and care management	- Apply context specific clinical competences - Apply sustainability principles in healthcare - Impact of social contexts on health - Provide treatment strategies for challenges to human health
<b>16</b>	Ability to negotiate healthcare with patients and their families, with the multidisciplinary team and healthcare centres.	- Work in a multidisciplinary team - Work in a multicultural environment in healthcare - Solve problems in healthcare - Interact with healthcare users
<b>17</b>	Assess the social, cultural, and economical context in which the nurse's patient lives	- Work in a multicultural environment in healthcare - Impact of social contexts on health - Apply context-specific clinical competences
<b>18</b>	Coordinate and be accountable for attributing community healthcare activities to support workers.	- Accept own accountability - Delegate activities - Develop plans related to the transfer of care

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<b>19</b>	Accountability for the outcomes of nursing care in individuals, families and the community.	<ul style="list-style-type: none"> <li>- Address problems critically</li> <li>- Accept own accountability</li> <li>- Impact of social contexts on health</li> <li>- Perform health assessment</li> </ul>
<b>20</b>	Development of nurse leadership and decision-making skills to ensure clinical and healthcare effectiveness and appropriateness.	<ul style="list-style-type: none"> <li>- Adopt leadership styles in healthcare</li> <li>- Apply organizational techniques</li> <li>- Clinical decision-making at advanced practice</li> <li>- Contribute to high level health strategic decisions</li> </ul>
<b>21</b>	Alleviate patient suffering.	<ul style="list-style-type: none"> <li>- Diagnose advanced nursing care</li> <li>- Prescribe medication</li> <li>- Implement nursing care</li> <li>- Apply person-centred care</li> </ul>
<b>22</b>	Participate in the prioritization of activities of the multidisciplinary team to address problems related to health and illness.	<ul style="list-style-type: none"> <li>- Work in multidisciplinary health teams</li> <li>- Solve problems in healthcare</li> <li>- Respond to challenging situations in healthcare</li> <li>- Coordinate care</li> </ul>
<b>23</b>	Set standards and evaluate the outcomes related to nursing activities in people's homes and in the community.	<ul style="list-style-type: none"> <li>- Analyse the quality of care</li> <li>- Comply with quality standards related to healthcare practice</li> <li>- Evaluate nursing care</li> </ul>
<b>24</b>	Managing diversity and fostering inclusiveness.	<ul style="list-style-type: none"> <li>- Work in a multicultural environment in health care</li> </ul>
<b>25</b>	Analytic assessment, cultural competence, program planning, and community dimensions of practice to pursue community health promotion goals together with the community multidisciplinary team.	<ul style="list-style-type: none"> <li>- Work in multidisciplinary health teams</li> <li>- Respond to challenging situations in healthcare</li> <li>- Adopt leadership styles in healthcare</li> <li>- Develop advanced health promotion strategies</li> </ul>
<b>26</b>	Manage change and act as agents for change to improve family and community nursing practice.	<ul style="list-style-type: none"> <li>- Lead healthcare services changes</li> </ul>
<b>27</b>	Leadership and development, implementation and evaluation of policies for the family and the community for purposes of health promotion.	<ul style="list-style-type: none"> <li>- Adopt leadership styles in healthcare</li> <li>- Implement policy in healthcare practices</li> <li>- Inform policy makers on health-related challenges.</li> </ul>
<b>28</b>	Managing health promotion, education, treatment and monitoring supported by ICTs (e-Health)	<ul style="list-style-type: none"> <li>- Use e-health and mobile health technologies</li> <li>- Have computer literacy</li> <li>- Prescribe advanced nursing care</li> </ul>

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## **For more information**

See the Public Deliverable from *Work Package 2* (D2.2) establishing an FCN Professional Profile, available at: <https://www.enhance-fcn.eu/public-deliverables-and-reports/>

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