



*Improving family and
community care through
highly specialized nurses*

Competencies of a Family and Community Nurse

Competencies Family and Community Nurse (EQF-level 7)	ESCO classification of competencies
1 Use the best scientific evidence available	<ul style="list-style-type: none"> - Apply health sciences - Conduct research in advanced nursing care - Develop advanced health promotion strategies - Implement scientific decision making in healthcare - Lead healthcare services changes - Lead research activities in nursing -
2 Systematically document and evaluate their own practice	<ul style="list-style-type: none"> - Advise on healthcare users' informed consent - Adhere to organizational guidelines - Analyse the quality of care - Comply with legislation related to health care - Follow clinical guidelines - Manage information in healthcare - Use electronic health records in nursing
3 Plan, implement and assess nursing care to meet the needs of individuals, families, and the community within their scope of competence.	<ul style="list-style-type: none"> - Apply nursing care in long-term care - Apply person-centred care - Diagnose nursing care - Evaluate nursing care - Implement fundamentals of nursing - Implement nursing care - Organise home care for patients
4 Identify and assess the health status and health needs of individuals and families within the context of their cultures and communities.	<ul style="list-style-type: none"> - Interact with healthcare users - Listen actively - Perform health assessment - Plan advanced nursing care - Promote inclusion - Respond to changing situations in healthcare
5 Provide patient education and build a therapeutic relationship with patients, informal carers and their families.	<ul style="list-style-type: none"> - Develop a collaborative therapeutic relationship - Empathize with the healthcare user - Empower individuals, families and groups - Ensure safety of healthcare users - Provide health education
6 Work together with the multidisciplinary team to prevent disease and promote and maintain health.	<ul style="list-style-type: none"> - Advise on healthy lifestyles - Coordinate care - Educate on the prevention of illness - Work in multidisciplinary health teams
7 Apply educational strategies to promote health and safety of individuals and families.	<ul style="list-style-type: none"> - Deal with emergency care situations - Initiate life preserving measures - Advise on healthy lifestyles - Develop advanced health promotion strategies - Provide health education

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8	Involve individuals and families in decisions concerning their own health and wellbeing.	<ul style="list-style-type: none"> - Empower individuals, families and groups - Make clinical decisions - Promote human rights
9	Monitoring and providing long-term care to people affected by chronic and rare illnesses in the community in collaboration with other members of the multidisciplinary team.	<ul style="list-style-type: none"> - Organise homecare for patients - Screen patients for disease risk factors - Work in multidisciplinary health teams
10	Communication competencies based on evidence in relation to a specific context.	<ul style="list-style-type: none"> - Apply context specific clinical competences - Interact with healthcare users - Listen actively - Respond to changing situations in healthcare
11	Promote health in individuals, families and communities.	<ul style="list-style-type: none"> - Provide health education - Provide nursing advice on healthcare - Educate on the prevention of illness - Develop advanced health promotion strategies - Advise on healthy lifestyles
12	Mentoring students to promote the health and wellbeing of the community.	<ul style="list-style-type: none"> - Mentor other health professionals - Participate in health personnel training - Promote a positive image of nursing
13	Make decisions based on professional ethical standards.	<ul style="list-style-type: none"> - Accept own accountability - Follow clinical guidelines
14	Maintain professional and interprofessional relationships and a supportive role with colleagues to ensure that professional standards are met.	<ul style="list-style-type: none"> - Follow clinical guidelines - Comply with quality standards related to healthcare practice
15	Multidimensional community health needs assessment to implement appropriate clinical interventions and care management	<ul style="list-style-type: none"> - Apply context specific clinical competences - Apply sustainability principles in healthcare - Impact of social contexts on health - Provide treatment strategies for challenges to human health
16	Ability to negotiate healthcare with patients and their families, with the multidisciplinary team and healthcare centres.	<ul style="list-style-type: none"> - Work in a multidisciplinary team - Work in a multicultural environment in healthcare - Solve problems in healthcare - Interact with healthcare users
17	Assess the social, cultural, and economical context in which the nurse's patient lives	<ul style="list-style-type: none"> - Work in a multicultural environment in healthcare - Impact of social contexts on health - Apply context-specific clinical competences
18	Coordinate and be accountable for attributing community healthcare activities to support workers.	<ul style="list-style-type: none"> - Accept own accountability - Delegate activities - Develop plans related to the transfer of care
19	Accountability for the outcomes of nursing care in individuals, families and the community.	<ul style="list-style-type: none"> - Address problems critically - Accept own accountability - Impact of social contexts on health - Perform health assessment
20	Development of nurse leadership and decision-making skills to ensure clinical and	<ul style="list-style-type: none"> - Adopt leadership styles in healthcare - Apply organizational techniques

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	healthcare effectiveness and appropriateness.	<ul style="list-style-type: none"> - Clinical decision-making at advanced practice - Contribute to high level health strategic decisions
21	Alleviate patient suffering.	<ul style="list-style-type: none"> - Diagnose advanced nursing care - Prescribe medication - Implement nursing care - Apply person-centred care
22	Participate in the prioritization of activities of the multidisciplinary team to address problems related to health and illness.	<ul style="list-style-type: none"> - Work in multidisciplinary health teams - Solve problems in healthcare - Respond to challenging situations in healthcare - Coordinate care
23	Set standards and evaluate the outcomes related to nursing activities in people's homes and in the community.	<ul style="list-style-type: none"> - Analyse the quality of care - Comply with quality standards related to healthcare practice - Evaluate nursing care
24	Managing diversity and fostering inclusiveness.	<ul style="list-style-type: none"> - Work in a multicultural environment in health care
25	Analytic assessment, cultural competence, program planning, and community dimensions of practice to pursue community health promotion goals together with the community multidisciplinary team.	<ul style="list-style-type: none"> - Work in multidisciplinary health teams - Respond to challenging situations in healthcare - Adopt leadership styles in healthcare - Develop advanced health promotion strategies
26	Manage change and act as agents for change to improve family and community nursing practice.	<ul style="list-style-type: none"> - Lead healthcare services changes
27	Leadership and development, implementation and evaluation of policies for the family and the community for purposes of health promotion.	<ul style="list-style-type: none"> - Adopt leadership styles in healthcare - Implement policy in healthcare practices - Inform policy makers on health-related challenges.
28	Managing health promotion, education, treatment and monitoring supported by ICTs (e-Health)	<ul style="list-style-type: none"> - Use e-health and mobile health technologies - Have computer literacy - Prescribe advanced nursing care

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For more information

See the Public Deliverable from *Work Package 2* (D2.2) establishing an FCN Professional Profile, available at: <https://www.enhance-fcn.eu/project-outcomes-and-deliverables/>



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