



# "The Role of Public Health & Community Nurses in Ireland – the Importance of Health Promotion, Prevention and Protection"

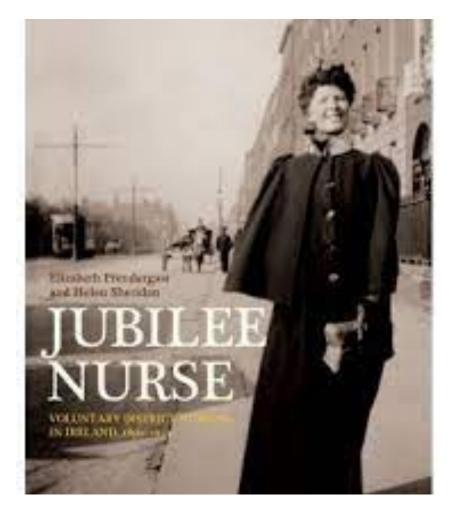
#### Dr Susan Kent

- Professor Associate, Dublin City University, Ireland
- Visiting Professor, University of Genoa, Italy



# History of Public & Community Nursing in Ireland

- The Jubilee Nursing service was est. as a response to the Golden celebration of Queen Victoria's reign in 1887. As a practical commemoration a community nursing organisation known as "The Queen Victoria Jubilee Institute of Nurses" was established by private subscription. Run and funded by a committee of affluent women to provide services to the poor and needy. Provided with a cottage and a bicycle.
- Involved the management of a families health and included all aspects of physical, psychological, spiritual and social care.
- Pre 1990s the role was clinical and delivered much of the pre-admission care reducing the need for admission to acute services.





#### Alma Ata Conference 1978

Primary Health Care as defined at the Alma-Ata conference, called for:

...a revolutionary redefinition of health care. Instead of the traditional "from-the-top-down" approach to medical service, it embraced the principles of social justice, equity, self-reliance, appropriate technology, decentralization, community involvement, intersectoral collaboration, and affordable cost.

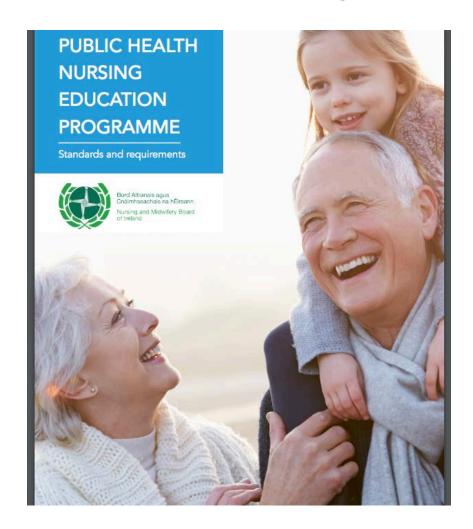




# Public Health Nursing and Community & Registered General Nursing

- Practical nursing at home is not the same as in the hospital setting.
- The balance of power is shifted to the client and back-up services and equipment are remote.
- Homes are not adapted with unsuitable environments to deliver care.

Skill, flexibility and respect are the hallmarks of a community-based nurse





### Community-Based Nursing

- Community-based nursing is constant, flexible flow,
- Not facility-dependent,
- Autonomous practice that adapts & evolves..,
- Clinical nursing governance,
- CBN focus is specifically on Health Prevention, Promotion & Protection.

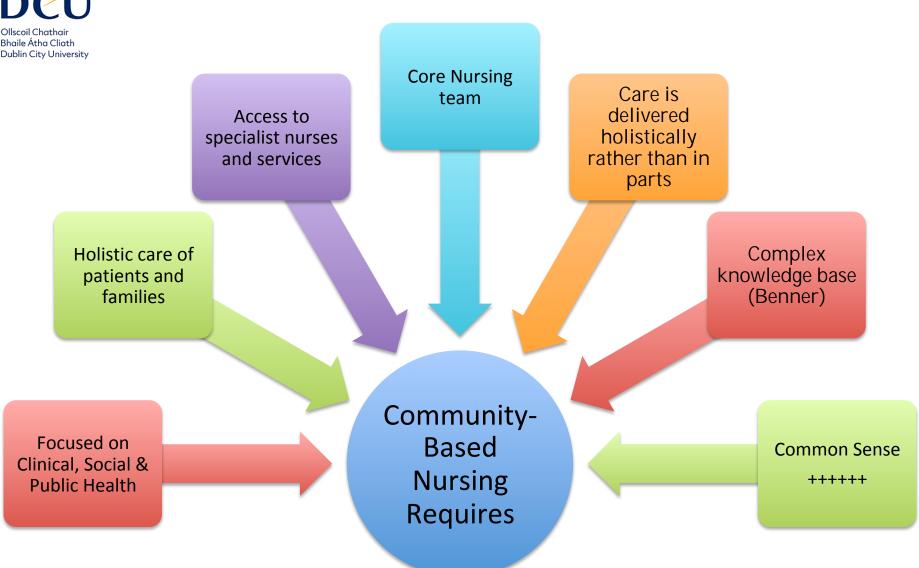




# PHC & Community-Based Nursing practice

- Therefore, in order for nursing to flourish in the community PHC should be accurately viewed as:
  - a range of activities which are communitybased and to which GPs contribute primary medical services as an equal component of the whole enterprise alongside nurses, midwives, other PHC team members, voluntary sector, education, employment and the population served.







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#### HSE Intelementation Plan LCR Recommendations LCRC/901 & LCRC/943 Entanced NurseMobile Contract

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**Patient is Paramount** 1.

Timely Access

**Prevention and Public Health** 3.

Universal free healthcare

5. Workforce

**Public Money and Interest** 6.

7. Engagement

8. **Accountability** 



Number 64 of 2015

Assisted Decision-Making (Capacity) Act 2015

HSE proposes taking over 40% of activity in private hospitals

Any new agreement to tackle Covid-19 surge could run for two years



**Programme** for Government

Examination of Measures Our Shared Future to 2021

**Expert Panel** 

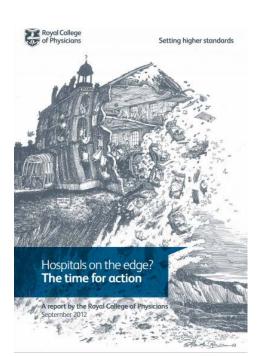
**COVID-19 Nursing Homes** 

⊅dcu.ie



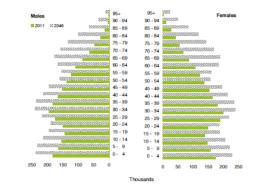
# Global Population Health Challenges

#### CHALLENGES...



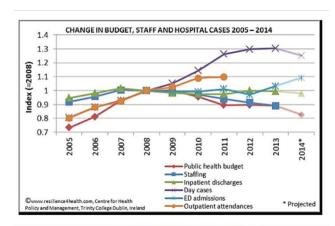
Hospital & Professional -centric 05/05/21 MOC

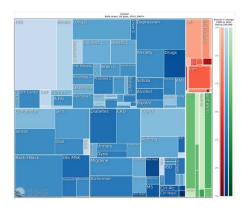
Figure 2.3: Population pyramid for 2011 and 2046 (M1F1), most optimistic scenario



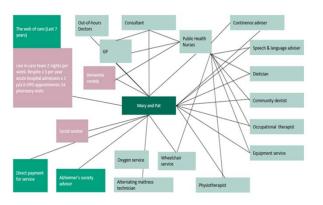
Source: Central Statistics Office, Population and Labour Force Projections 2016-2046

#### **Ageing Population**





Chronic Disease & Obesity



Fragmented/Duplicated
/Missed Care

Money

### **Common Chronic Conditions for Adults 65+**

**Juick Facts** 



80% have have at least 1 chronic condition



68% have 2 or more chronic conditions



Hypertension (High Blood Pressure)

58%



**High Cholesterol** 47%



**Arthritis** 31%



**Ischemic Heart** Disease (or Coronary Heart Disease)

29%



**Diabetes** 27%



**Chronic Kidney** Disease

18%



**Heart Failure** 14%



Depression 14%



Alzheimer's Disease and Dementia

11%



**Chronic Obstructive Pulmonary Disease** 

11%

Source: Centers for Medicare & Medicaid Services, Chronic Conditions Prevalence State/County Table: All Fee-for-Service Beneficiaries, 2015



### What is Influencing Change?

Ollscoil Chathair Bhaile Átha Cliath Dublin City University

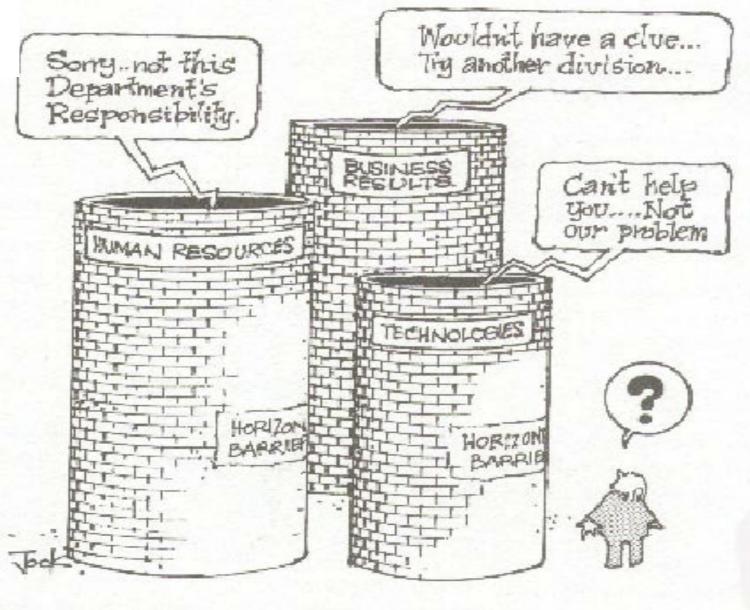


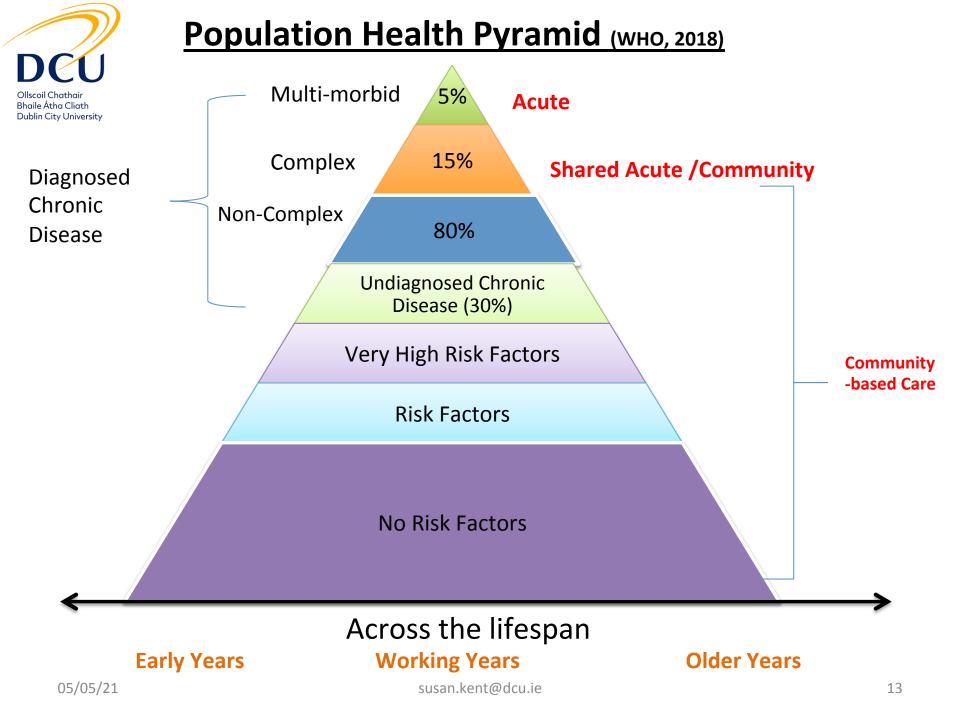














# Measuring the Impact of the Nurse

Hospital Avoidance

**Access and Patient Flow** 

Early Discharge

Patient Choice & Satisfaction

Reduction in Waiting Lists

"Right Care, Right Place, Right Time"

### A Model of Integrated Care

### Protection Public Health Role

**Prevention** — Population profiling, statistical analysis,

Population health development, National Healthy Child Programme, Immunisation etc.

Promotion — Policies for Obesity, Sexual health, Breastfeeding, Maternity strategy, Smoking, Alcohol and drugs

**Protection** — Safeguarding of Children and vulnerable adults

#### Community-Based Care

- First point of contact
- Self referral/referral from others (Acute, GP, Nurses etc)
- Nurse triage; assess, screen, diagnose, treat, refer if necessary.
- Case Management and IT support/tools.
- Diagnostics etc.
- Episodic Care.
- Self-management/care.

#### **Chronic/Complex care**

- Chronic/palliative/end of life care;
- Composite suite of nursing care assessment, diagnostic, treatment, referral, and Intervention.
- Key Professional Synergy with HSE Integrated Care Programmes

### nuing Care

#### **Intermediary & Anticipatory Care**

#### Intermediary

- Short term care;
- Step down care
- Step up care

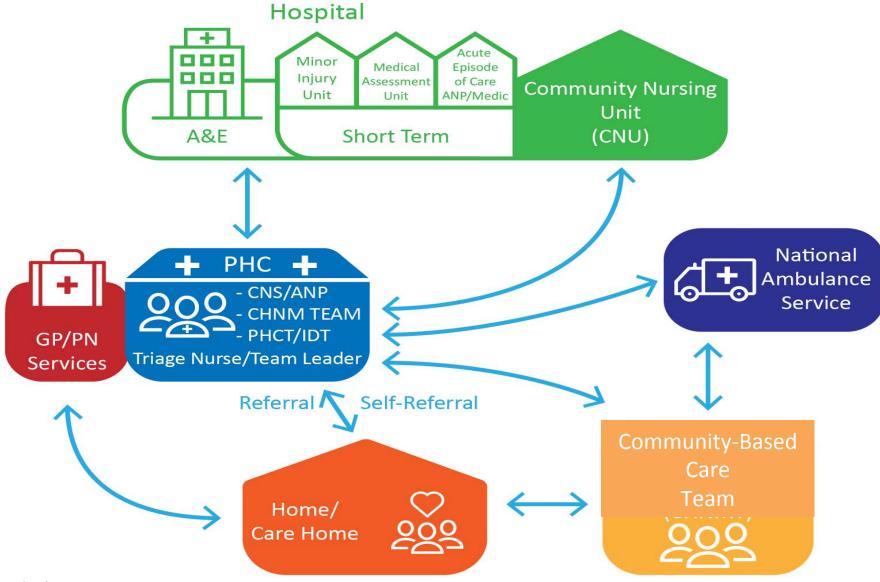
#### Anticipatory

Proactive care in the home or as near to the home

Short Ter

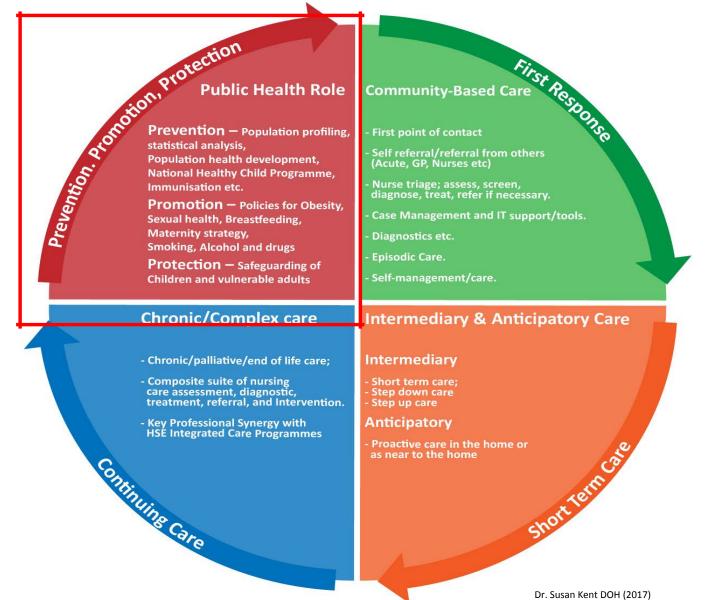
Dr. Susan Kent DOH (2017)

### Integrated Pathways & Model of Care



05/05/21

### A Model of Integrated Care





#### Future Concerns

- Availability of services in the community,
- Workforce availability,
- Integration of services and technology
- Shared funding models to demonstrate the impact of <u>what</u> the nurse can deliver for the population,
- Professional challenges,
- Ability to develop interdisciplinary relationships and practices,
- Shift in the availability of Informal carers has impacted on care,
- Residential vs. Congregated settings
  - State savings under challenge now as a result
  - Individual care at home vs group care e.g. Older persons and childcare (removal of informal care)





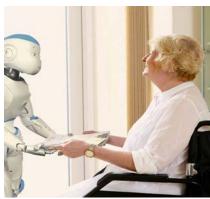
# Challenges - 5 Generations of Nurses Working in Health Care





# Info & Bio-Technological Evolution in Healthcare















### THE FUTURE





## Thank you and please contact me on any of the following:









instamomsusan

http://linkedin.com/in/drsusan-kent-61662951









WeChat QR Code

Susan.kent@dcu.ie

+353876527156