

# Family Community Nursing Curriculum

A Family and Community  
Nursing, Preventive Nursing  
Science Course  
provided by the  
University of Eastern Finland

Based on the *ENhANCE*  
Family and Community  
Nurse European Curriculum

Piloted at UEF | from 01.09.2019  
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# Introduction

The Family Community Nurse curriculum localized by the University of Eastern Finland (UEF) targets 53 learning outcomes (LO) of the ENhANCE European FCN Curriculum and is a 30 ECTS postgraduate programme at EQF-level 7.

It consists of a total workload of 825 hours and is provided as a 100% online lifelong learning programme. In future it will be provided as an integrated study programme in UEF Nursing programmes both at Masters' and Bachelor-level.

In developing the Finnish FCN curriculum, UEF hosted several meetings with University teachers and professors, the UEF Open University, and members of the **Alternative Path to University Project** (i.e. the TRY project: a national project that aims to develop, pilot and establish different paths to higher education than the existing ones). In addition, UEF hosted a workshop with experts in Family and Community Nursing to design and localize the UEF FCN Curriculum.

The localized FCN curriculum piloted at the UEF Open University will lead to a certificate of specialization in Family and Community Nursing.

All the modules are offered at EQF level 7 and at Advanced level. All of the learning outcomes are mandatory with 1 or 0.5 ECTS. The teaching language and all the courses are provided in Finnish. The courses will be offered as Family and Community Nursing, Preventive Nursing Science.

# Key Data FCN Curriculum Piloted at UEF

<b>LENGTH OF FCN COURSE:</b>	<b>12-MONTH 100% ONLINE POSTGRADUATE COURSE</b>
<b>NUMBER OF LEARNING OUTCOMES</b>	<b>53</b>
<b>AWARDED CERTIFICATION</b>	<b>CERTIFICATE OF SPECIALIZATION IN FAMILY &amp; COMMUNITY NURSING ISSUED BY UEF</b>
<b>OFFICIAL RECOGNITION</b>	<b>RECOGNITION BY UNIVERSITY OF EASTERN FINLAND; RECOGNITION OF ECTS FOR UEF MASTERS' PROGRAMME IN NURSING.</b>
<b>TOTAL NUMBER OF ECTS</b>	<b>30</b>
<b>TOTAL NUMBER OF TEACHING HOURS</b>	<b>123.75</b>
<b>TOTAL WORK LOAD (HOURS)</b>	<b>825</b>
<b>TARGETED EQF LEVEL</b>	<b>7</b>
<b>NUMBER OF MODULES</b>	<b>8</b>
<b>WORK-BASED LEARNING</b>	<b>WORK-BASED LEARNING IS OFFERED TO STUDENTS AS ASSIGNMENTS INCL NEED FOR PROOF OF ATTENDANCE TO FAMILY AND COMMUNITY CARE EXPERTISE EVENTS</b>

## Acronyms

EQF	European Qualifications Framework
ECTS	European Credit Transfer and Accumulation System
FCN	Family and Community Nurse
ICT	Information and Communication Technologies
LO	Learning Outcome
WBL	Work-based Learning

## Module 1

# Orientation to community and family nursing

This module includes learning outcomes related to the family care and science knowledge base, and family and community health promotion programs and plans. It is one of the most basic modules in the curricula and provides a general overview of the subject. This module awards 2 ECTS and includes LOs 17b, 18a, 10a. Upon completion of the module, LO18a has 1 ECTS and the remaining two LOs provide student with 0.5 ECTS each.

LEARNING OUTCOMES EU CURRICULUM:	LEARNING OUTCOME-BASED MODULE COMPOSITION
LO 17b	Carry out health promotion programmes and activities that meet the community's goals
LO 18a	Evaluate policies for health promotion at family and community level
LO 10a	Know and use standardized and validated tools in order to evaluate their own practice
TOTAL ECTS	2



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## Module 2

# Community-based health promotion

This second module includes learning outcomes related to international, national and regional perspectives to community-based practice; impacts of interventions and quality assessment in evidence-based health promotion. It also covers ethics and cultural issues in community-based health promotion.

Upon completion, this module awards a total of 5 ECTS and includes LOs 4a, 5a, 16a, 16b, 18b, 26b. LOs 4a, 5a, 16a, 26b are awarded with 1 ECTS each, and the remaining two awarded 0.5 ECTS.

LEARNING OUTCOMES EU CURRICULUM:	LEARNING OUTCOME-BASED MODULE COMPOSITION
LO 4a	Know the main elements/ guidelines/ procedures/ theories to enhance and promote health and prevent disease and injuries in individuals, families and communities and to be able to apply them in daily practice
LO 5a	Know and apply the main educational strategies which can be adopted to promote health and safety of individuals and families
LO 16a	Know the main educational strategies for patient education and apply them in daily practice
LO 16b	Know the main strategies and techniques for building an effective therapeutic relation with patients and families and apply them in daily practice
LO 18b	Effectively coordinate, develop and implement policies for health promotion at family and community level
LO 26b	Use the best scientific evidences properly and apply them in daily practice
TOTAL ECTS	5



## Module 3

# Equality, equity and participation in health promotion

This third module includes learning outcomes related to the ethical basis and principles of health promotion; ethical argumentation in societal discussions; a human rights based approach to health, and vulnerable groups in healthcare. This module awards 5 ECTS and includes learning outcomes 2a, 2b, 11a, 22b, 23a, 4b, 9a. Specifically, LOs 2b, 23a, 9a award 1 ECTS and the remaining LOs are awarded 0.5 ECTS each.

LEARNING OUTCOMES EU CURRICULUM:	LEARNING OUTCOME-BASED MODULE COMPOSITION
LO 2a	Know the main professional ethical standards
LO 2b	Take decisions based on professional ethical standards
LO 11a	Involve individuals and families in decision-making process
LO 22b	Know and apply decision-making techniques that ensures clinical and healthcare effectiveness and appropriateness
LO 23a	Know and apply communication, counselling and negotiation strategies and techniques with different actors
LO 4b	Know unique needs of sub-populations and detect and contrast the main inequities which affect them
LO 9a	Know the main guidelines, procedures and tools for the monitoring and the definition of the outcomes and apply them in daily practice
<b>TOTAL ECTS</b>	<b>5</b>

## Module 4

# Communication and Interaction

This fourth module includes learning outcomes that are related to the importance of interaction and communication, and as a builder of the workplace atmosphere with impact upon work performance. Through in-contact teaching, students will learn about ways to build effective interaction in the work community.

Module 4 awards 3 ECTS and includes LOs 6a, 15a, 15b, each of them awarding 1 ECTS.

LEARNING OUTCOMES EU CURRICULUM:	LEARNING OUTCOME-BASED MODULE COMPOSITION
LO 6a	Know the main communication strategies and techniques which can be adopted by a FCN and apply them to specific contexts and needs
LO 15a	Know professional standards and act in compliance with them
LO 15b	Know advanced strategies and techniques of team working and professional collaboration and apply them to specific contexts and needs
TOTAL ECTS	3

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## Module 5

# Health Promotion and Management

This module includes learning outcomes related to health promoting hospitals, schools, and other workplaces; ethics in health promotion, tools in managing and leading health promotion, as well as international, national and regional health policy definitions. This fifth module awards 5 ECTS and includes learning outcomes 14a, 20a, 20b, 27a, 27b, 10b, 26a. Amongst them LO14a, 20a, 20b, 10b, 26a have 1 ECTS and the remaining award 0.5 ECTS each.

LEARNING OUTCOMES EU CURRICULUM:	LEARNING OUTCOME-BASED MODULE COMPOSITION
LO 14a	Know which changes are needed to improve FCN practice and act in order to target and reach them
LO 20a	Know the main ethical principles to manage disparity and diversity and apply them in daily practice
LO 20b	Know the main guidelines to foster inclusiveness and apply them in daily practice
LO 27a	Work and collaborate in a multidisciplinary team to prevent disease and to promote and maintain health
LO 27b	Effectively address problems related to health and illness through the multidisciplinary team
LO 10b	Know and use the main monitoring and reporting procedures in order to document their own practice
LO 26a	Know the main scientific evidence databases and make an effective search
<b>TOTAL ECTS</b>	<b>5</b>



## Module 6

# Effective action models and interventions of health promotion

This module focuses on LOs related to health promotion models and interventions, effectiveness of health promotion and its evaluation methods, and the importance of intervention studies in health promotion. This module awards a total of 4 ECTS and includes learning outcomes 24a, 24b, 7a, 7b, 28a, 28b, 28c. LO 24a has 1 ECTS whereas all the other LOs award 0.5 ECTS each.

LEARNING OUTCOMES EU CURRICULUM:	LEARNING OUTCOME-BASED MODULE COMPOSITION
LO 24a	Know and use the main procedures and tools for monitoring people affected by chronic and rare illnesses
LO 24b	Know the main characteristics of chronic and rare diseases which could be monitored at distance and apply the main guidelines about the monitoring process and the expected outcomes
LO 7a	Know the main guidelines and procedures for palliative care and apply them in daily practice
LO 7b	Know the main communication and counselling techniques to manage relations with patients (and families) in palliative care
LO 28a	Know the main ICTs supporting health promotion and education and use the most common ones
LO 28b	Know the main ICTs supporting the treatment of patients at distance and use the most common ones
LO 28c	Know the main ICTs supporting distance health monitoring and use the most common ones
Total ECTS	4

## Module 7

### Prevention of Health Problems in Different Ages

This module includes learning outcomes related to key public health problems in Finland as well as globally, and that are prevalent in different demographic age groups. The module focuses on prevention and promotion interventions used for different age groups, and international and national disease prevention and health promotion programs. Module 7 awards 3 ECTS and includes LOs 1a, 3a, 3b, 3c. Of these, LO 3b, 3c comprise 1 ECTS and the remaining two award 0.5 ECTS each.

LEARNING OUTCOMES EU CURRICULUM:	LEARNING OUTCOME-BASED MODULE COMPOSITION
LO 1a	Identify and assess individuals' health status and health needs
LO 3a	Plan nursing care to meet the needs of individuals, families, and the community within their scope of competence
LO 3b	Implement nursing care to meet the needs of individuals, families, and the community within their scope of competence
LO 3c	Assess nursing care to meet the needs of individuals, families, and the community within their scope of competence
Total ECTS	3



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## Module 8

# Expertise in Family and Community Nursing

This module includes learning outcomes related to the development of specific expertise in the domains of family and community nursing; national and international programs and guidelines in family and community nursing, The role of expert in a multi-professional and multidisciplinary networks and teams. This module awards 3 ECTS and includes LOs 1b, 1c, 19a, 19b, 21a. Amongst them LO 19b has 1 ECTS and the remaining have 0.5 ECTS each.

LEARNING OUTCOMES EU CURRICULUM:	LEARNING OUTCOME-BASED MODULE COMPOSITION
LO 1b	Identify and assess families' health status and health needs
LO 1c	Contextualize and apply needs assessment taking into account cultures and communities
LO 19a	Assess community health needs in a multidimensional perspective
LO 19b	Identify the appropriate clinical interventions and care management strategies for communities
LO 19c	Assess the social, cultural, and economical context of patients and their families
Total ECTS	3



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