

Family Community Nursing Curriculum

A 12-month postgraduate
Master Course in Family
Community Nursing
provided by the
University of Genoa

Based on the *ENhANCE*
Family and Community
Nurse European Curriculum

Piloted at UNIGE | from 09.01.2020
to 10.12.2020



UNIVERSITÀ DEGLI STUDI
DI GENOVA



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Introduction

All 53 Learning Outcomes defined in the ENhANCE European Family and Community Nurse (FCN) reference curriculum were included in the FCN curriculum localized by the University of Genoa (UNIGE). UNIGE will deliver the FCN Localized Curriculum in the format of a 12-month postgraduate university Master course, consisting of 60 ECTS, requiring a total of 1500 hours of study. The modular structure of the FCN Master course was designed according to the main educational lines set out by the Italian national legislation on professional practice and the health needs of the population.

The modules were developed based on the five areas of competence that are fundamental for nursing care in the community and family setting. The Pilot Course consists of a 12-month postgraduate Master Course of 5 modules focusing on specific areas of family and community nursing:

Module 1: Epidemiology and Prevention (14 ECTS);
Module 2: Fundamentals of care (19 ECTS);
Module 3: Organizational models and priority health problems (12 ECTS);
Module 4: Communication models and continuity of care (5 ECTS);
Module 5 – Nursing Research (10 ECTS)

Learning strategies have been designed to foster continuity between theory and practice; classroom learning is supported by active teaching methods e.g. practice-based learning and case studies, which allow to link with laboratory activities e.g. role playing in the simulation lab. Work-based learning e.g. through placements in community care centres, are always provided in presence and require introductory workshops. In addition, an Open Online Tool will be available, which will serve as a platform for sharing information, learning, teaching and assessing students' progress.

Key Data FCN Curriculum Piloted at UNIGE

LENGTH OF FCN COURSE:	1 YEAR
NUMBER OF LEARNING OUTCOMES	53
AWARDED CERTIFICATION	CERTIFICATE OF A UNIVERSITY MASTER IN FAMILY & COMMUNITY NURSING AWARDED BY UNIGE
OFFICIAL RECOGNITION	RECOGNITION BY UNIVERSITY OF GENOA, ITALY.
TOTAL NUMBER OF ECTS	60
TOTAL NUMBER OF TEACHING HOURS	1130
TOTAL WORK LOAD (HOURS)	1500
TARGETED EQF LEVEL	7
NUMBER OF MODULES	5
WORK-BASED LEARNING	TAKES PLACE THROUGH PLACEMENTS IN COMMUNITY CARE CENTRES AND REQUIRES INTRODUCTORY WORKSHOPS

Acronyms

EQF	European Qualifications Framework
ECTS	European Credit Transfer and Accumulation System
FCN	Family and Community Nurse
ICT	Information and Communication Technologies
LO	Learning Outcome
WBL	Work-based Learning

Module 1

Epidemiology and Prevention

This module includes learning outcomes related to the health determinants of the population; it provides an epidemiological background about the population and a general overview of the subject involved in this system of care. It also provides tools and methods to assess families' health status and health needs. This module moreover includes learning outcomes related to how the student can implement their activities in the field and community. At the end of the first module, students will be awarded with 14 ECTS.

LEARNING OUTCOMES EU CURRICULUM:	LEARNING OUTCOME-BASED MODULE COMPOSITION
LO 1a	Identify and assess individuals' health status and health needs
LO 1b	Identify and assess families' health status and health needs
LO 1c	Contextualize and apply needs assessment taking into account cultures and communities
LO 3a	Plan nursing care to meet the needs of individuals, families, and the community within their scope of competence
LO 3c	Assess nursing care to meet the needs of individuals, families, and the community within their scope of competence
LO 19a	Assess community health needs in a multidimensional perspective
LO 19b	Identify the appropriate clinical interventions and care management strategies for communities

Module 1 continued

Epidemiology and Prevention

LEARNING OUTCOMES EU CURRICULUM:	LEARNING OUTCOME-BASED MODULE COMPOSITION
LO 17a	Know community health promotion goals
LO 17b	Carry out health promotion programs and activities that meet the community's goals
LO 18a	Evaluate policies for health promotion at family and community level
LO 18b	Effectively coordinate, develop and implement policies for health promotion at family and community level
TOTAL ECTS	14



Module 2

Fundamentals of care

The second module on essential nursing care, focuses on the values and ethics of nursing care to support the safe provision of nursing care in the community. It is based on the essential needs of patients, whether they are physical, psychological or relational, and it focuses student attention on the respective nursing sensitive outcomes. This is the key module of the entire Master, comprising 19 ECTS

LEARNING OUTCOMES EU CURRICULUM:	LEARNING OUTCOME-BASED MODULE COMPOSITION
LO 21a	Assess the social, cultural, and economical context of patients and their families
LO 2a	Know the main professional ethical standards
LO 2b	Take decisions based on professional ethical standards
LO 23a	Know and apply communication, counselling and negotiation strategies and techniques with different actors
LO 25a	Know strategies and techniques for mentoring students and apply them in daily practice
LO 6a	Know the main communication strategies and techniques which can be adopted by a FCN and apply them to specific contexts and needs
LO 15a	Know professional standards and act in compliance with them
LO 20a	Know the main ethical principles to manage disparity and diversity and apply them in daily practice
LO 27b	Effectively address problems related to health and illness through the multidisciplinary team
LO 9a	Know the main guidelines, procedures and tools for the monitoring and the definition of the outcomes and apply them in daily practice

Module 2 continued

Fundamentals of care

LEARNING OUTCOMES EU CURRICULUM:	LEARNING OUTCOME-BASED MODULE COMPOSITION
LO 12a	Know the main standards about nursing activities in people's homes and apply them in daily practice
LO 12b	Know the main standards about nursing activities in the community and apply them in daily practice
LO 12c	Evaluate the outcomes related to nursing activities in people's homes
LO 12d	Evaluate the outcomes related to nursing activities in the community
LO 7a	Know the main guidelines and procedures for palliative care and apply them in daily practice
LO 7b	Know the main communication and counselling techniques to manage relations with patients (and families) in palliative care
TOTAL ECTS	19



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Module 3

Organizational models and Priority health problems

The third module focuses on organizational models, interprofessional work and nursing leadership. It focuses on students' ability to work and collaborate in a multidisciplinary team (LO27a), but also on their knowledge and skills to apply leadership techniques, decision making, advanced strategies and skills to work in a team (LO22b; LO4b; LO15b).

At the end of this module the students will be able to (1) recognize the main characteristics of chronic and rare diseases which could be monitored at distance; (2) to apply the main guidelines about the monitoring process and the expected outcomes (LO24b) (3) and plan and prioritize the activities of the multidisciplinary team in order to address problems related to health and illness (LO 13b). After completing the third module, students will be awarded with 12 ECTS.

LEARNING OUTCOMES EU CURRICULUM:	LEARNING OUTCOME-BASED MODULE COMPOSITION
LO 3b	Implement nursing care to meet the needs of individuals, families, and the community within their scope of competence
LO 22a	Know and apply leadership techniques that ensures clinical and healthcare effectiveness and appropriateness
LO 22b	Know and apply decision-making techniques that ensures clinical and healthcare effectiveness and appropriateness
LO 4b	Know unique needs of sub-populations and detect and contrast the main inequities which affect them
LO 15b	Know advanced strategies and techniques of team working and professional collaboration and apply them to specific contexts and needs
LO 8a	Know and evaluate the main problems and needs which could affect workers in a specific community context.
LO 14a	Know which changes are needed to improve FCN practice and act in order to target and reach them

Module 3 continued

Organizational models and Priority health problems

LEARNING OUTCOMES EU CURRICULUM:	LEARNING OUTCOME-BASED MODULE COMPOSITION
LO 13a	Work and collaborate in a multidisciplinary team to address problems related to health and illness
LO 13b	Plan and prioritize the activities of the multidisciplinary team in order to address problems related to health and illness
LO 27a	Work and collaborate in a multidisciplinary team to prevent disease and to promote and maintain health
LO 24b	Know the main characteristics of chronic and rare diseases which could be monitored at distance and apply the main guidelines about the monitoring process and the expected outcomes
TOTAL ECTS	12



United Nations, Image created by Russel Tate on Unsplash

Module 4

Communication models and continuity of care

The fourth module on communication focuses on the management of the healthcare processes to ensure the continuum between the hospital setting and the community, as well as educational strategies for individuals and families. It includes learning outcomes related to the main educational strategies, which can be adopted to promote health and safety of individuals and families; the main educational strategies for patient education and for building an effective therapeutic relationship with patients and families and applying them in daily practice (LO5a; LO16a/b).

The module also provides the means to engage individuals and families in the decision-making process (LO11a), and to know and apply strategies and techniques to motivate workers and engage them in the promotion of community healthcare (LO8b).

LEARNING OUTCOMES EU CURRICULUM:	LEARNING OUTCOME-BASED MODULE COMPOSITION
LO 11a	Involve individuals and families in decision-making process
LO 5a	Know and apply the main educational strategies which can be adopted to promote health and safety of individuals and families
LO 16a	Know the main educational strategies for patient education and apply them in daily practice
LO 16b	Know the main strategies and techniques for building an effective therapeutic relation with patients and families and apply them in daily practice
LO 8b	Know and apply strategies and techniques to motivate workers and to engage them in community healthcare promotion
TOTAL ECTS	5

Module 5

Nursing Research

The fifth module was developed with an intention to support evidence-based nursing practice, ensure the safety and appropriateness of nursing care and provide the appropriate knowledge and skills to maintain the level achieved. It includes learning outcomes related to the main elements/guidelines/procedures/theories to enhance and promote health and prevent disease and injuries in individuals, families and communities (LO4a), to foster inclusiveness (LO20b) and use the scientific evidence properly. It also focuses on learning outcomes related to the knowledge and use of standardized and validated tools in order to evaluate their own practice and the main monitoring and reporting procedures to document their own practice (LO10a/b).

This module also focuses on learning outcomes related to knowing the main ICTs that enable to support health promotion, education and treatment of patients remotely and how to use the most common ones (LO20a/b/c). At the end of the fifth module, students will be awarded with 10 ECTS.

LEARNING OUTCOMES EU CURRICULUM:	LEARNING OUTCOME-BASED MODULE COMPOSITION
LO 4a	Know the main elements/guidelines/procedures/theories to enhance and promote health and prevent disease and injuries in individuals, families and communities and to be able to apply them in daily practice
LO 20b	Know the main guidelines to foster inclusiveness and apply them in daily practice
LO 10a	Know and use standardized and validated tools in order to evaluate their own practice
LO 10b	Know and use the main monitoring and reporting procedures in order to document their own practice
LO 26a	Know the main scientific evidence databases and make an effective search
LO 26b	Use the best scientific evidences properly and apply them in daily practice

Module 5 continued

Nursing Research

LEARNING OUTCOMES EU CURRICULUM:	LEARNING OUTCOME-BASED MODULE COMPOSITION
LO 24a	Know and use the main procedures and tools for monitoring people affected by chronic and rare illnesses
LO 28a	Know the main ICTs supporting health promotion and education and use the most common ones
LO 28b	Know the main ICTs supporting the treatment of patients at distance and use the most common ones
LO 28c	Know the main ICTs supporting distance health monitoring and use the most common ones
Total ECTS	10



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The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

Co-funded by the
Erasmus+ Programme
of the European Union

