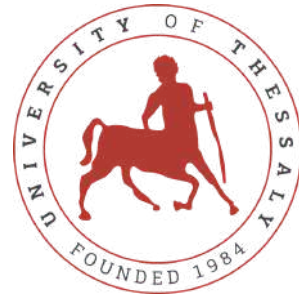# Family Community Nursing Curriculum

A 250-hour Lifelong Learning specialization (40 ECTS) in Family Community Nursing provided by the **_University of Thessaly_**.

Based on the _ENhANCE_ Family and Community Nurse European Curriculum

Piloted at UTH | from 30.09.2019 to 21.06.2020

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Introduction

The importance of the family and community in the ageing process, and notably the role of Primary Health Care (PHC) in frailty prevention, early detection and diagnosis has been established at EU-level. Moreover, a number of World Health Organization (WHO) frameworks have identified the Family and Community Nurse (FCN) as a key actor in the new PHC model. One of the objectives of the EU-funded ENhANCE project has been to develop a European reference curriculum for FCN and develop and pilot "localized" FCN curricula based on the ENhANCE FCN reference curriculum. More info at: www.enhance-fcn.eu

The Family and Community Nurse (FCN) curriculum localized and piloted by the University of Thessaly (UTH) includes all 53 learning outcomes (LO) targeted by the ENhANCE European FCN Curriculum and corresponds to 40 ECTS (European Credit Transfer System) at EQF 6-level and consists of a total of 250-hour lifelong learning programme.

It will lead to a Certificate of Specialization in Family and Community Nursing at EQF level 6 officially issued by UTH. The Localized FCN Curriculum awards an EQF-6 certification, which means the LO with the support of the Design Guidelines will been rephrased to correspond to an EQF-6 specialization level. For this reason, some of the LO will be taught in advanced level (1 ECTS) whereas others at the basic level (0.5 ECTS).

Key Data FCN Curriculum Piloted at UTH

LENGTH OF FCN LIFELONG LEARNING PROGRAMME	1 YEAR
NUMBER OF LEARNING OUTCOMES	53
AWARDED CERTIFICATION	CERTIFICATE OF SPECIALIZATION IN FAMILY & COMMUNITY NURSING ISSUED BY UTH
OFFICIAL RECOGNITION	RECOGNITION BY HELLENIC REGULATORY BODY OF NURSING (ENE) WITH OFFICIAL CME (CONTINUED MEDICAL EDUCATION) CREDITS
TOTAL NUMBER OF ECTS	40
TOTAL NUMBER OF TEACHING HOURS	250
TOTAL WORK LOAD (HOURS)	1000
TARGETED EQF LEVEL	6
NUMBER OF MODULES	10
WORK-BASED LEARNING	TAKES PLACE IN COMMUNITY SETTINGS - SEE MODULE DESCRIPTIONS

Acronyms

EQF	European Qualifications Framework
ECTS	European Credit Transfer and Accumulation System
FCN	Family and Community Nurse
LO	Learning Outcomes
OOT	Open Online Tool
PHC	Primary Health Care
WBL	Work-based Learning

Health Needs & Nursing Process in Community and Family Nursing

This module includes learning outcomes that relate to the assessment of the health level and the needs of individuals, families and communities as well as the organization, planning and provision of nursing care from the perspective of nursing and within the framework of interdisciplinarity. This module is one of the most basic modules in the curriculum since it deals with fundamental concepts in the provision of community care. In addition, 7 learning outcomes (LO1a, LO1b, LO3a, LO3b, LO3c, LO19a, LO19b), which are mostly qualified as mandatory, are included, and for this reason it collects 6 of the total 40 credits of the program. With regard to educational strategies, it is possible to use almost all of the proposed ones, such as lectures (mainly online), individual study, group work, labs and work based learning.

LEARNING OUTCOMES EU CURRICULUM:	LEARNING OUTCOME-BASED MODULE COMPOSITION
LO 1a	Identify and assess individuals' health status and health needs
LO 1b	Identify and assess families' health status and health needs
LO 3a	Plan nursing care to meet the needs of individuals, families, and the community within their scope of competence
LO 3b	Implement nursing care to meet the needs of individuals, families, and the community within their scope of competence
LO 3c	Assess nursing care to meet the needs of individuals, families, and the community within their scope of competence
LO 19a	Assess community health needs in a multidimensional perspective
LO 19c	Identify the appropriate clinical interventions and care management strategies for communities
TOTAL ECTS	6

Module 2
Decision-making Process

This module includes decision-making learning outcomes as well as process and decision-making techniques both at the management level and at the level of the clinical judgment. This is a module that includes 3 learning outcomes (LO11a, LO22a, LO22b) and receives 2 credits. With regard to educational strategies, it is possible to use almost all of the proposed ones, such as lectures (mainly online), individual study, group work, labs and work-based learning.

LEARNING OUTCOMES EU CURRICULUM:	LEARNING OUTCOME-BASED MODULE COMPOSITION
LO 11a	Involve individuals and families in decision-making process
LO 22a	Know and apply leadership techniques that ensures clinical and healthcare effectiveness and appropriateness
LO 22b	Know and apply decision-making techniques that ensures clinical and healthcare effectiveness and appropriateness
TOTAL ECTS	2

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Module 3
Health Promotion and Education

This section includes 8 learning outcomes aimed at developing skills and competencies of trainees to organize prevention, treatment and health promotion programmes, as well as prevent and promote health at individual, family and community. These learning outcomes are focused on community nursing and for this reason they bring together 6 ECTS with the possibility of using all educational strategies. Work-based learning holds a prominent position due to the distinctiveness of the subject which predisposes for on the spot training.

LEARNING OUTCOMES EU CURRICULUM:	LEARNING OUTCOME-BASED MODULE COMPOSITION
LO 4a	Know the main elements/guidelines/procedures/theories to enhance and promote health and prevent disease and injuries in individuals, families and communities and to be able to apply them in daily practice
LO 4b	Know unique needs of subpopulations and detect and contrast the main inequities which affect them
LO 5a	Know and apply the main educational strategies which can be adopted to promote health and safety of individuals and families
LO 16a	Know the main educational strategies for patient education and apply them in daily practice
LO 17a	Know community health promotion goals
LO 17b	Carry out health promotion programs and activities that meet the community's goals
LO 18a	Evaluate policies for health promotion at family and community level
LO 18b	Effectively coordinate, develop and implement policies for health promotion at family and community level
TOTAL ECTS	6

Module 4
Communication and Interpersonal Skills

Communication and interpersonal relationships are basic skills and competence of nursing at all levels and working frameworks. This section includes 4 learning outcomes (LO23a, LO16b, LO25a, LO6a) aimed at effective communication, counseling and treatment of nurses with patients and families, as well as with various bodies. In addition, this module will also teach strategies and techniques for mentoring students, as students who graduate from the program and work in community structures will re-educate nursing students for family and community issues in the future. This module collects 3.5 credits and all educational strategies and techniques such as role-playing and experiential exercises which are techniques that are suited to the development of such skills.

LEARNING OUTCOMES EU CURRICULUM:	LEARNING OUTCOME-BASED MODULE COMPOSITION
LO 6a	Know the main communication strategies and techniques which can be adopted by a FCN and apply them to specific contexts and needs
LO 16b	Know the main strategies and techniques for building an effective therapeutic relation with patients and families and apply them in daily practice
LO 23a	Know and apply communication, counselling and negotiation strategies and techniques with different actors
LO 25a	Know strategies and techniques for mentoring students and apply them in daily practice
TOTAL ECTS	3.5

Module 5
Health Administration

This module includes 7 learning outcomes (LO8a, LO8b, LO14a, LO13a, LO13b, LO27a, LO27b) relating to both health services administration and staff motivation as well as multidisciplinary collaboration and effective interdisciplinary treatment and treatment of health issues in the community. It is a module that includes basic and specialized knowledge in this field of work. It collects 4.5 credits and can use a variety of proposed educational strategies.

LEARNING OUTCOMES EU CURRICULUM:	LEARNING OUTCOME-BASED MODULE COMPOSITION
LO 8a	Know and evaluate the main problems and needs which could affect workers in a specific community context
LO 8b	Know and apply strategies and techniques to motivate workers and to engage them in community healthcare promotion
LO 13a	Work and collaborate in a multidisciplinary team to address problems related to health and illness
LO 13b	Implement nursing care to meet the needs of individuals, families, and the community within their scope of competence
LO 14a	Plan and prioritize the activities of the multidisciplinary team in order to address problems related to health and illness
LO 27a	Work and collaborate in a multidisciplinary team to prevent disease and to promote and maintain health
LO 27b	Effectively address problems related to health and illness through the multidisciplinary team
TOTAL ECTS	4.5

Module 6
Evidence-based Nursing

Well-established nursing practice and evidence-based practice is a module that includes 5 Los that enable trainees to identify and adopt best practices in family and community nursing to provide the best possible care each time. Additionally, within this module, students will be taught standardized and validated tools to evaluate their own practice as well as important epidemiological issues for families and communities. This module collects 5 ECTS out of the 40 which demonstrates the importance of evidence-based nursing. From the suggested training strategies, it will be preferable to give trainees the opportunity to ask questions - problems to refer to the bibliography to identify best practices on which they will rely to organize and provide effective care.

LEARNING OUTCOMES EU CURRICULUM:	LEARNING OUTCOME-BASED MODULE COMPOSITION
LO 9a	Know the main guidelines, procedures and tools for the monitoring and the definition of the outcomes and apply them in daily practice
LO 10a	Know and use standardized and validated tools in order to evaluate their own practice
LO 10b	Know and use the main monitoring and reporting procedures in order to document their own practice
LO 26a	Know the main scientific evidence databases and make an effective search
LO 26b	Use the best scientific evidences properly and apply them in daily practice
Total ECTS	5

Module 7

Chronic and Rare Diseases, Palliative Care and Information Communication Technology (ICT)

The seventh section includes the chronic and rare diseases that a nurse will work with in communities and families and palliative care, which will be called upon to provide end-stage patients, addressing the problems of cancer patients, such as chronic pain, reduced functionality, and lack of self-care. In this module, students will also learn how to develop databases that will record all data on health problems and the care of patients with chronic and rare diseases. This module includes 7 learning outcomes and 4.5 credits. Concerning the teaching strategies these include mainly online lectures, individual study and online group work.

LEARNING OUTCOMES EU CURRICULUM:	LEARNING OUTCOME-BASED MODULE COMPOSITION
LO 24a	Know and use the main procedures and tools for monitoring people affected by chronic and rare illnesses
LO 24b	Know the main characteristics of chronic and rare diseases which could be monitored at distance and apply the main guidelines about the monitoring process and the expected outcomes
LO 7a	Know the main guidelines and procedures for palliative care and apply them in daily practice
LO 7b	Know the main communication and counselling techniques to manage relations with patients (and families) in palliative care
LO 28a	Know the main ICTs supporting health promotion and education and use the most common ones
LO 28b	Know the main ICTs supporting the treatment of patients at distance and use the most common ones
LO 28c	Know the main ICTs supporting distance health monitoring and use the most common ones
Total ECTS	4.5

Module 8
Ethics and Professional Standards

This module contains 6 learning outcomes (LO2a, LO2b, LO15a, LO15b, LO20a, LO20b) relating to the morality and ethics of the nursing profession when it is exercised in community structures and in the family. This is a module that includes the basic principles of nursing confidentiality, moral dilemmas in family and community nursing, and how to act in specific, particular cases, such as mental disorders. It collects 5.5 credits, and for training, a variety of educational strategies such as lectures, individual study and online grouping will be used for training.

LEARNING OUTCOMES EU CURRICULUM:	LEARNING OUTCOME-BASED MODULE COMPOSITION
LO 2a	Know the main professional ethical standards
LO 2b	Take decision based on professional ethical standards
LO 15a	Know professional standards and act in compliance with them
LO 15b	Know advanced strategies and techniques of team working and professional collaboration and apply them to specific contexts and needs
LO 20a	Know the main ethical principles to manage disparity and diversity and apply them in daily practice
LO 20b	Know the main guidelines to foster inclusiveness and apply them in daily practice
Total ECTS	5.5

Module 9
Trans-cultural Family & Community Nursing

Given the fact that there are too many immigrants in Greece and too many refugees and economic migrants are passing through our country, the health needs of these populations are very high. Intercultural care for Greece is an important part of community and family nursing. For this reason, it was decided to become a separate module of the localized curriculum, even though it includes only 2 learning outcomes (LO1c, LO21a) and collects 1 credit unit. Within this module, trainees will learn to contextualize and apply needs assessment taking into account different cultures and social context and to apply proper nursing interventions. Concerning the teaching strategies these include mainly online lectures,
individual study and online group work.

LEARNING OUTCOMES EU CURRICULUM:	LEARNING OUTCOME-BASED MODULE COMPOSITION
LO 1c	Contextualize and apply needs assessment taking into account cultures and communities
LO 21a	Assess the social, cultural, and economical context of patients and their families
Total ECTS	1

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Module 10
Nursing Home Care

The tenth and final module contains 4 learning outcomes (LO12a, LO12b, LO12c, LO12b) that concern nursing care and nursing activities mainly in people's home. This is a module that includes the basic principles of home care and, above all, the care of the elderly, with the ultimate goal of healthy aging, early diagnosis and confrontation of vulnerability. The population of both Greece and Europe is ageing and health needs of the elderly are constantly increasing. It was therefore considered appropriate to create a separate thematic unit on home care focusing on care of the elderly. The module collects 2 credit points and a variety of educational strategies such as lectures, individual study and online grouping will be used for the training. As mentioned earlier, training will be accomplished mainly through the ENhANCE Open Online Tool (OOT) platform and will be synchronous and asynchronous. The evaluation of the trainees' training course will also be done mainly through OOT, and only the assessment of work based learning will be done by combining OOT and face to face assessment activities.

LEARNING OUTCOMES EU CURRICULUM:	LEARNING OUTCOME-BASED MODULE COMPOSITION
LO 12a	Know the main standards about nursing activities in people's homes and apply them in daily practice
LO 12b	Know the main standards about nursing activities in the community and apply them in daily practice
LO 12c	Evaluate the outcomes related to nursing activities in people's homes
LO 12d	Evaluate the outcomes related to nursing activities in the community
Total ECTS	2